

# Pursuit of Research

## 1. NutriVeda Survey for Pursuit of Research

Please review the following note before taking the survey. We recommend waiting at least two weeks of supplementation of Nutriiveda at the dosage recommended for your child's age prior to taking the survey. Please keep any notes to refer to before taking the survey. You are able to take the survey more than once to report new findings. Thank you

A few notes from Barbara A. Taylor, M.S., CCC-SLP, Executive Director/ Help Me Speak, LLC

1. Remember that NV seems to be [DOSAGE dependent](#).

In other words, don't start counting days on NV until your child has been on the full dose. You may see changes/surges prior to that but you may not.

It's the same as taking a portion of any medicine or supplement. If I have a migraine and take ¼ of the Imitrex, I don't expect it to work nearly the same way. If I'm on an antibiotic for a sinus infection and I take it only once a day (vs. twice/day), my infection WILL take longer to improve and may NOT improve because I altered the dosage.

2. Rate of gains

The rate of surges/gains on NV depends on ALL the factors of strength/weakness in a child. If a child is functionally nonverbal (= a few sounds/words), has ASD, has apraxia, and more, then it may take more weeks to see changes. I would not expect my clients who are similar to come in to therapy after a wk or two on NV and suddenly use a verbal 4-5 word sentence. I DO expect progress but at a realistic rate. (It's sorta like weight loss---you can't start a diet today and expect to lose 50 lbs by the weekend.)

It's like a flower opening slowly or opening a child's NEW toy (in the package)---many layers to open before you can get the toy out! I would expect my clients skills to emerge in the same way—in a hierarchy. So, first, we might notice increased oral exploration, tongue play, etc. Then, sound play/ emergence, etc.

## Pursuit of Research

and so on.....

### 3. Eating/Fluids

ALSO...NV does detox the body and remove the 'junk' BUT again, it's a gradual process. That is why increased fluids (multiply body wt x .6= total oz of fluid/day) are so important. Remember, fluids are water, juice, etc. and in foods---applesauce, fruit, etc.

The foods eaten by the person on NV need to improve somewhat so that the true 'work' of the NV can occur.

Yes, I know that many kids on this list are picky/problem eaters---I work with many too---and I am not speaking about them. There are many other kids w/apraxia who are typical eaters. So, work on improving the quality of what they are eating as well. Decrease sugar, excess fat, & highly processed foods. Trade a Happy Meal at McD's for a burger, apple 'fries', broiled fries, and "toy" at home. Yes, it's more work but worth it.

It's the same for any adults who are trying to lose weight on NV. You can't continue to eat junk and not drink enough water (no, diet soda does not count) AND expect to lose weight.

## 2. NutriiVeda Survey

Please complete this survey ONCE for EACH person in your family/household who is using/ has used NutriiVeda (NV). Some questions are general and apply to children, adults/parents, & other family members. Other questions are specific related to the age of the person or the reason for taking NutriiVeda. Each time you complete this survey, your answer to the current question will determine the next questions given. Most questions are multiple choices with a few open-ended ones. You may add additional comments at the end of the survey. Please note, contact information is required in order to participate. Your contact information will be for the purpose of validating data results, and will never be compromised. Thank you for your participation!

<http://pursuitofresearch.org>

# Pursuit of Research

\* 1. Contact information: for the purpose of validating data results --  
Required to continue taking survey.

\*Name:   
State:   
Country:   
\*Email Address:   
\*Phone Number:

2. Where did you hear about NutriiVeda?

- TV
- Radio
- Email
- Cherab Foundation
- PursuitofResearch.org
- Internet search
- Friend or family
- Patient
- Doctor
- Therapist
- Other (please specify)

3. For whom did you purchase NutriiVeda?

- Myself
- My Child
- Another family member
- My practice
- Other (please specify)

4. When did the above person start  
taking NutriiVeda?

Date  /  /

## Pursuit of Research

5. After starting NutriiVeda, when did you first noticed positive results.

1 to 2 days

3 to 5 days

7 to 10 days

10- 14 days

2 to 3 weeks

I have not noticed any positive results

Other (please specify)

6. Which flavor of NutriiVeda are you using?

Chocolate

Vanilla

Both

7. How much NutriiVeda does the above person consume daily?

1/2 scoop

One Scoop

Two Scoops

Less than four scoops

Four scoops

More than four scoops

8. Are you taking the above amount

All at once

Split up during the day

## Pursuit of Research

9. NutriiVeda is consumed via: (mark all that apply)

- Shake with milk / milk alternative
- Shake with water
- Shake with juice
- Mixed in pudding/applesauce/yogurt/peanut butter
- Frozen into "ice cream" or "popsicle"
- Sprinkled on cereal/pancakes/oatmeal
- Mixed in dip (ketchup, ranch, etc.)
- Other (please specify)

10. In what way are you using NutriiVeda:

- Supplementing meals
- Replacing meals
- Snacks
- Combination of above

11. Have you ever stopped or lowered the amount of NutriiVeda taken?

- Yes
- No

Why? (please specify)

12. When you stopped or lowered the dosage did you notice a change / regression in any areas?

- Yes
- No
- I'm not sure
- I have not stopped or lowered the NutriiVeda Dosage

## Pursuit of Research

13. If you restarted your NutriiVeda dosage did you notice any surges / improvements after going back on the same dosage?

- Yes
- No
- I'm not sure
- I have not stopped or lowered the NutriiVeda Dosage

14. Did you purchase NutriiVeda for (choose all that apply):

- Weight loss
- Therapeutic reasons
- Both

15. Would you recommend NutriiVeda to others for weight loss?

- Yes
- No
- I did not purchase the product for weight loss
- I'm not sure yet I just started

If not, why? (please specify)

16. Would you recommend NutriiVeda to others for therapeutic reasons such as autism, apraxia or other speech impairment, TBI , global delays, or ADHD?

- Yes
- No
- I did not purchase the product for therapeutic reasons
- I'm not sure yet I just started

---

Pursuit of Research

<http://pursuitofresearch.org>

[info@pursuitofresearch.org](mailto:info@pursuitofresearch.org)

## 3. Questions relating to my child

# Pursuit of Research

1. How old is your child?

2. Which OFFICIAL Diagnosis does your child have? (from a Doctor or Specialist): (mark all that apply)

- ADHD
- Apraxia/Dyspraxia
- Asperger Syndrome
- Autism/PDD
- Cerebral Palsy
- Cognitive Impairment
- Congenital Muscular –Skeletal Disorder
- Delayed Myelinazation
- Dysfluency
- Dysarthria
- Expressive Speech Delay (undiagnosed)
- Feeding and Swallowing Disorders
- Fine and Gross Motor Skill Delays
- Genetic Syndrome
- Global Delays
- Hearing Impaired
- Hypotonia
- Language Disorder
- Metabolic Disorder
- Selective Mutism
- Sensory Integration Dysfunction
- Spinal Cord Injury
- Traumatic Brain Injury
- Voice Disorder
- Other (please specify)

## Pursuit of Research

3. If your child is diagnosed with Apraxia/Dyspraxia, please describe the reported overall severity if known:

- Mild
- Moderate
- Severe
- Profound
- Unknown / severity not mentioned by my Child's MD/Specialist/Therapist
- This is not applicable to my child

4. If your child is diagnosed with Autism, please describe the reported overall severity if known

- Mild
- Moderate
- Severe
- Profound
- Unknown/ severity not mentioned by my child's MD/Specialist/Therapist
- This is not applicable to my child

5. Has your child ever received ABNORMAL RESULTS in any of the following forms of Tests/Procedures? (Mark all that apply)

- MRI of Brain
- EEG (any form)
- Metabolic blood testing
- Carnitine levels (we have a number that test low in this area)
- Genetic Testing
- CT Scan of Brain
- Other (please specify)

## Pursuit of Research

6. If you answered yes to any choice in Question #5, please provide brief description of abnormal results.

7. How long has it been since you started your child on NutriiVeda?

- Less than one week
- One week
- Two weeks
- Three weeks
- Four weeks
- Two months
- Three months
- Four or more months

8. How long have you had your child on the current dosage?

- less than a week
- less than a month
- over a month (please specify)

9. Have your child's surges been reported to you by any of the professionals that work with him/her through therapy or school?

- Yes
- No

10. Are the professionals that work with your child aware your child is taking NutriiVeda?

- Yes
- No
- Some

## 4. Gains while on NutriiVeda

Please describe if you have noticed gains in any of the following areas since starting your child on NutriiVeda.

### 1. Improved Speech Skills:

- Sound production (greater number of sounds)
- Articulation (accuracy of sounds)
- Overall intelligibility
- More sophisticated use of words/phrases/sentences
- Motor planning/sequencing
- Appropriate rate of speech
- Appropriate volume
- Singing
- Oral motor skills(jaw,lips,tongue)
- Other (please specify)

### 2. Improved oral motor disfunction

- Making funny faces
- Imitating funny faces
- Blowing raspberries
- Moving tongue on command (able to lick food from lip)
- Chewing with mouth closed
- Sensory
- Overall coordination of jaw, lips and tongue
- Lip rounding
- Improved on command motor planning/increased facial expression for oral apraxia

## Pursuit of Research

### 3. Improved receptive language skills: (comprehension of....)

- Vocabulary
- Locatives (in/out, on/off, under/over, etc.)
- Following directions
- "who,what,when,where,why" questions
- Reading (at any level)
- Abstract thought (idioms/metaphor)
- Word finding
- Descriptive language
- Direction/Instruction (from parent, at school, at a job)
- No improvements noted yet
- No concern in this area
- Other (please specify)

### 4. Improved expressive language skills: (production/use of....)

- Vocabulary
- Number of words per utterance (phrases/sentences)
- Story telling (verbal or written)
- Locatives (up, under, over, etc...)
- Answering/ asking wh- questions
- Grammar (sentence structure)
- Spontaneity of speech
- Frequency of speech
- Facial expressions (more & varied) vs. a "blank stare"
- Nonverbal facial communication
- Signing
- No improvements noted yet
- Other (please specify)

## Pursuit of Research

### 5. Improved pragmatic (social) skills:

- Eye contact
- Engagement with others
- Following gaze/pointing
- Playing with toys
- Interactions with friends/family
- Joking/teasing
- Turn taking
- Sense of humor
- Affection
- Awareness of surroundings
- Facial expressions (more & varied) vs. a "blank stare"
- No improvements noted yet
- No concern in this area
- Other (please specify)

### 6. Academic/learning improvements?

- Yes
- No
- My child is not yet in school

## Pursuit of Research

7. If answered yes to above, please specify

- Reading
- Writing (paragraphs, stories, etc.)
- Math
- Science
- Improvements noted by teacher(teacher not aware of students use of NutriiVeda)
- Improvements noted by teacher(teacher aware of students use of NutriiVeda)
- Additional information

8. Achieving developmental milestones (e.g. for children that never went through these stages and are now experiencing them for the first time)?

- Yes
- No

9. Behavior skills:

- More willing to comply
- Less willing to comply
- No change
- Does not apply
- Not sure
- Other (please specify)

## Pursuit of Research

### 10. Improvement in gross motor skills:

- Walking, running, jumping
- Riding a bike or scooter
- Climbing playground equipment
- Coordination / motor planning
- Does not apply
- no improvements yet
- Other (please specify)

### 11. Improvements in fine motor skills

- Handwriting
- Typing
- Computer mouse skills
- Dressing
- Snapping
- Buttoning
- Grasping
- Shoe tying
- Cutting with sissors
- Other (please specify)

### 12. Improved multi tasking abilities (not just 2 activities at one time, but also verbalizing during play)

- Yes
- No

### 13. Increase in focus (such as more on task, more willing to listen and try, less distracted)

- Yes
- No

## Pursuit of Research

### 14. Improvement in mood (happier, calm)

Yes

No

### 15. Decrease in seizures

yes and the doctor has lowered my child's seizure medication

yes but the doctor has not yet lowered my child's seizure medication

no

my child does not have a Seizure Disorder

---

Pursuit of Research

<http://pursuitofresearch.org>

[info@pursuitofresearch.org](mailto:info@pursuitofresearch.org)

## 5. Observations

Please answer the following based on your observations since starting your child on NutriiVeda.

### 1. Change in energy level

More energy

Less energy

Excess energy

No change

### 2. If a change in energy level noticed, are you happy with the results?

Yes

No

Does not apply

### 3. Appetite

Improved appetite

Same appetite

Decreased appetite

## Pursuit of Research

### 4. Growth: (mark all that apply)

- Improvement in height
- Improvement in weight
- Decrease in weight (not a positive)
- No change

### 5. Muscle tone:

- Improved
- No change
- Not sure

### 6. Change in stools (mark all that apply)

- Improved regularity
- Loose stools (but not previously)
- Constipated (but was not previously)
- Normal stools (but not previously)
- No change
- Other (please specify)

### 7. Change in sleep patterns

- Improved
- Disrupted (wakes more often during the night)
- Disrupted at first and now resolved
- No change

### 8. Changes in headaches

- Decreased
- No change
- Headaches have never been a problem

## Pursuit of Research

9. Changes in other body parts? (mark all that apply)

- Decreased pain/ swelling
- Increased pain
- Improved function
- No change
- Not yet sure

10. Taking any other forms of supplements? (mark all that apply)

- Multivitamins
- Fish Oils
- Probiotics
- Please specify

11. Are you or your child under the care of? (check all that apply)

- Pediatrician
- Primary Care Doctor
- Developmental Pediatrician
- Pediatric Neurologist / Neurologist
- Geneticist
- Metabolic Specialist
- Dan or other alternative doctor
- Naturopath
- Nutritionist
- Speech Therapist
- Occupational Therapist
- Physical Therapist

## Pursuit of Research

12. Who, if any, approved NutriiVeda for use? (check all that apply)

- Pediatrician
- Developmental Pediatrician
- Pediatric Neurologist
- Geneticist
- Metabolic Specialist
- Dan or other alternative doctor
- Naturopath
- Nutritionist
- Physical Therapist
- Parent
- Self

13. Would any of your above listed professionals be willing to speak to a researcher?(if applicable)

Yes

No

14. How would you rate your success with NutriiVeda?

Thrilled

Very happy

OK

Subtle

Poor

I'm not sure yet I just started

Additional Comments

# Pursuit of Research

---

Thank you very much for your participation in our survey! We look forward to sharing the results.

Pursuit of Research

<http://pursuitofresearch.org>

[info@pursuitofresearch.org](mailto:info@pursuitofresearch.org)